

Plant Profile: Terminalia bellirica (Bahera, Baheda)

Botanical Name	Terminalia bellirica		
Common Name	Bahera		
Classification	Kingdom:	Plantae	
	Subkingdom:	Tracheobionta	
	Division:	Magnoliophyta	
	Class:	Magnoliopsida	
	Subclass:	Rosidae	
	Order:	Myrtales	
	Family:	Combretaceae	
	Genus:	Terminalia	
	Species:	bellirica	
Part used	Fruits		
Medicinal Properties	Fruits: antidiarrhoeal, astringent, antipyretic, antileprotic.		
Medicinal Use	Useful in leprosy, cough, bronchitis, allergic cough, insomnia, edema, dyspepsia, eye disease and graying of hair. It's pulp is used in dropsy, piles and diarrhoea. It is also used in oxalic acid and preparation of ink.		
Chemistry	Fruits: chebulagic acid, ellagic acid and it's ethyl ester, fructose, galactose, glucose and its galloyl derivative, mannitol and rhamnose and beta-sitosterol. Bark: chebulagic acid and ellagic acid. Seed-coat:gallic acid.		
Regional Habitat	Throughout rajasthan, found in plains and lower hills, growing wild in deciduous forests.		
Description	A large tree, grows up to 20-25 meters high, rust-		

coloured pubescence on young branchlets. Leaves: simple, alternate, long petioled and clustered at the ends of the branchlets, elliptic, entire and acute, 8-20 cm long. Spikes slender, interrupted, 8-15 cm long. Flowers: small, dirty-grey or greenish-yellow with a strong offensive smell, found in axillary spikes. Fruits: ovoid, grey, velvety, drupes contain single stony hard seed. Flowers in March-May and fruits in December-February.

