

Plant Profile: Plumbago zeylanica (Chitrak)

Botanical Name	Plumbago zeylanica		
Common Name	Chitrak		
Classification	Kingdom:	Plantae	
	Subkingdom:	Tracheobionta	
	Division:	Magnoliophyta	
	Class:	Magnoliopsida	
	Subclass:	Caryophyllidae	
	Order:	Caryophyllales	
	Family:	Plumbaginaceae	
	Genus:	Plumbago	
	Species:	zeylanica	
Medicinal Properties	Root-bark: antiperiodic and sudorific. Root: abortifacient and vesicant, antidiarrhoeal, antidyspeptic, appetizing, sudorific, digestive.		
Medicinal Use	appetizing, sudorific, digestive. Prescribed for oedema, abdominal diseases, piles, sprue, worms and pruritus. Roort-bark: milky juice applied with benefit in scabies and ulcers. Root: useful in anasarca,		
	piles, intermittent fevers and in skin diseases.		
Chemistry	Protein in pollen grains; volatile oil from leaves and stem; root-bark: fructose, glucose, invertase and protease. Root: chitranone, plumbagin, catechol tannin.		
Regional Habitat	Throughout Rajasthan. Also grown in gardens.		
Description	A sub-scandent, perennial shrub, branches diffuse. Leaves: alternate, ovate, narrowed into the petiole. Flowers: borne in spikes, rachis of the spike pubescent or glandular. Corolla white, tube long and slender. Base of		

the style glabrous. Fruits: oblong and pointed capsules, enclosed by persistent viscid calyx. Flowers and fruits during the winter.

